



**ST. LOUIS COUNCIL
OF CONSTRUCTION
CONSUMERS**

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MODEL SUBSTANCE ABUSE TESTING GUIDELINE

SUMMARY

OBJECTIVE: To achieve optimal job site safety, to promote and to maintain a drug free workplace.

This is not intended as a substitute for the owner's or contractor's complete written substance abuse policy that should include other important features, including an employee education and awareness program, a supervisor training program and an employee assistance program. The guideline requires that anyone entering the owner's job site will comply with the substance abuse testing requirements.

OWNER REQUIREMENT:

Owners should insert their own substance abuse program requirements or use the Model Substance Abuse Testing Guideline into their contract documents to confirm the owner's commitment to substance abuse testing to contractors and labor. Not all labor agreements in the St. Louis region require compliance with substance abuse testing unless the owner requires it.

SUBSTANCES:

The panels and thresholds of the substance abuse testing guideline should be based on the federal standards plus additional substances that have been tested for in the region, as follows:

<i>substance</i>	<i>threshold</i>	<i>confirmatory level</i>	<i>notes</i>
alcohol	0.04%	0.04%	Current DOT level
amphetamines	500 ng/ml	250 ng/ml	Current DOT level
barbiturates	300 ng/ml	200 ng/ml	
benzodiazepine	300 ng/ml	200 ng/ml	
cocaine	150 ng/ml	100 ng/ml	Current DOT level
marijuana	50 ng/ml	15 ng/ml	Current DOT level
methadone	300 ng/ml	200 ng/ml	
opiates			Current DOT level
codeine / morphine	2000 ng/ml	2000 ng/ml	
heroin	10 ng/ml	10 ng/ml	
phencyclidine	25 ng/ml	25 ng/ml	Current DOT level
propoxyphene	300 ng/ml	200 ng/ml	

TESTING:

- Pre-employment
- Random
- Mandatory follow-up
- For cause
- Post accident / incident