



# 9.7.23

7:30 - 11:30 a.m.

Free - Owner Members  
\$60 - Associate Members  
\$75 Non-Members

## MENTAL WELLBEING & SUICIDE PREVENTION IN THE CONSTRUCTION INDUSTRY

### PROGRAM SUMMARY

With rising alarm, mental health and suicide have become a crisis in the construction industry. Join us for an interactive session with speakers representing owners, contractors, and trade organizations.

Creating a culture of caring and support is imperative for all of us. Those in the construction industry are three times more likely to take their lives than other fields. They are also six times more likely to die from suicide than a fall from height. Pressures in the industry and the stress of the work are major contributing factors.

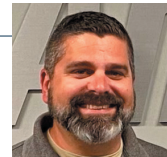
Another key factor is stigma. The program's topics will include both contractor's and owner's perspectives on the importance of mental health initiatives in the trades; mitigating barriers and stigma which prevent workers from asking for help, and best practices implemented locally and nationally to address this crisis.

### SPEAKERS

#### BRANDON SHORTT

**SAFETY BLUE HAT REPRESENTATIVE**  
Ameren/IBEW 1439

An owner's perspective on mental health initiatives implemented at Ameren.



#### CHUCK TWELLMANN, MS, PE, PMP

**MANAGER CONSTRUCTION & QUALITY**  
Ameren

Asking for help: The barriers and stigma that prevent trade workers from asking for/accepting help.



#### RICKY REAMS

**VICE PRESIDENT OF SAFETY & QUALITY**  
Murphy Company

A contractor's perspective on mental health and his company's mental health journey over the last 5 years.



#### BRANDON ANDERSON

**VICE PRESIDENT OF SAFETY**

AGC of Missouri  
The Mental Health and Suicide Prevention Crisis: What's being done at local and national levels?



### LOCATION

The Des Peres Lodge  
1050 Des Peres Rd.,  
Des Peres, MO 63131

### AGENDA: 7:30 AM - 11:30 AM

/7:30 - 8:15 a.m./ Check-In, Continental Breakfast, and Networking

/8:15 - 8:30 a.m./ Opening Message

/8:30 - 11:00 a.m./ Program and Q&A

/11:00 - 11:30 a.m./ Lunch and Closing Message

This program has been designed to permit you to qualify for:

> 2.5 Professional Development Hour (PDH) for Professional Engineers under Missouri statutes

> 2.5 Learning Unit (LU) through the American Institute of Architects

REGISTER BY: SEPTEMBER 4 - REGISTER @SLCCC.NET

ALL CANCELLATIONS MUST BE GIVEN BY 9/06- SORRY NO REFUNDS POSSIBLE AFTER THIS DATE

**ST. LOUIS COUNCIL OF CONSTRUCTION CONSUMERS**

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